

POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

BODYWEIGHT LEG CURL

The Power Lift Bodyweight Leg Curl Bench is an effective alternative to traditional, lying leg curls. Our bench uses a band attachment to utilize an athlete's body weight as leverage for their leg curl. This not only engages their hamstrings, but provides the added bonus of a core / abdominal workout.

KEY FEATURES:

- 5 adjustable positions to accommodate users of all sizes
- Angled toe plate
- Band attachment to provide assistance
- Wheels and handle to assist in product movement
- Rubber bumper to protect floor surface



Overall Dimensions:

68 25/32" (L) x 23" (W) x 24 21/32" (H)
170 lbs. (Approximate Weight)

Warranty:

Lifetime conditional warranty on frame components. One year on bearings and 90 days on upholstery and items not specified.

Part Number:

82009A

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